

# The Principles of TPM:

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## LEVEL TWO

**TRAINING TIME INVESTMENT:** This section contains about 35 pages of text. It should take you less than two hours to read through it. The videos will be varying lengths so you will need to play accordingly.

### TPM and Free Will

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God waits patiently for us to move in His direction

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### Sin as Pain Management

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Sin as pain management is a common solution that never works

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### Memory, Belief and Emotion

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There are no painful memories. We feel whatever we believe.

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### Head and Heart Out of Sync

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When the head and heart are out of sync we will struggle.

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### Is Core-belief Experiential

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All core belief is learned in the context of life experience.

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### Intellectual Belief is a Precursor to Faith

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Growing in knowledge of the truth is a precursor to heart belief.

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## **Consequences of Believing Lies**

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If we believe a lie, the consequences will be much the same as if it were true.

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## **When the Truth Does NOT Feel True.**

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Every believer possess the fullness of Christ and should be experiencing the fruit of the Spirit.

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## **His Sheep Still Hear His Voice.**

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TPM is based upon the reliability of God in revealing His truth to the heart of the one receiving prayer.

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## **Faith is When Your Feet Touch the Bottom**

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Faith is knowing the truth with the heart.

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## **The Difference Between Our Will and Desire**

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Our desire is what we want, our will is what we choose.

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## **Emotion and Motive**

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Motive: Why do we do what we do?

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## **Double-mindedness**

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Holding two or more opposing beliefs with the heart and mind at the same time.

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## **Behavior Modification and the Fruit of the Spirit**

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Controlled behavior is what all other religions practice. It is not a fruit of the Spirit.

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## **Controlled Behavior is Not a Fruit of the Spirit**

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Controlling behavior is not a fruit of the Spirit, but rather self effort and performance.

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## **Emotion and Core Belief**

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What we believe with our heart will produce the emotions we feel.

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## **The Driving Force of Emotion**

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We believe something, we feel something, we do something.

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## **Controlling Our Emotions is Not Spiritual**

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Suppression of what we feel is detrimental and cripples us in our walk. Key Concepts We cannot live in this fallen world and escape the inevitable infection of lie-based thinking. Suppression of what we feel is not a strength and is detrimental and spiritually...

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