

THE MEMORY BOX

“FLOWCHART”

Mentor's Perspective - Third Person Perspective

Summarized Instructions:

Beginning at the top-left corner of the flowchart (typically, in one of the boxes that has a dashed border), use the Mentee's response to the most recently asked question to determine what to do next in a TPM session. **Detailed instructions on how to use this flowchart can be found in the TPM training material.**

POTENTIAL SOLUTIONS IN THE MEMORY BOX

If the Mentee seems to have trouble accomplishing their “Goals” in this “Box,” they may need additional orientation on what to do or they might be engaged in a “Solution.”

FEELING ANGRY IN THE MEMORY BOX

If at any point the Mentee claims to be feeling angry or shows signs that they are potentially feeling any of the members of the “Anger Family,” go to the “ANGER Box.”

Go to the “SOLUTION BOX”

